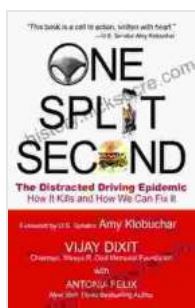


# The Distracted Driving Epidemic: How It Kills and How We Can Fix It

## The Problem

Distracted driving is a major public health problem. In the United States, it is the leading cause of death among teens and a significant contributor to crashes among all drivers. Every day, more than 3,000 people are injured in crashes involving a distracted driver, and more than 100 people are killed.

Distracted driving is any activity that takes a driver's attention away from the road. This can include talking on a cell phone, texting, eating, drinking, talking to passengers, or adjusting the radio. Even brief moments of distraction can have deadly consequences.



## One Split Second: The Distracted Driving Epidemic - How It Kills and How We Can fix It by Antonia Felix

★★★★☆ 4.9 out of 5

Language	: English
File size	: 1227 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 208 pages
Lending	: Enabled

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## The Risks

Distracted driving increases a driver's risk of crashing by three times. This is because it impairs a driver's ability to:

- \* See hazards
- \* React to emergencies
- \* Steer and control the vehicle

Distracted drivers are also more likely to speed, tailgate, and run red lights.

## **The Victims**

Anyone can be a victim of distracted driving, but some groups are at higher risk, including:

- \* Teens
- \* Young adults
- \* Drivers who are tired or stressed
- \* Drivers who are under the influence of alcohol or drugs

## **The Costs**

Distracted driving is a costly problem. In the United States, it costs more than \$40 billion each year in medical expenses, lost productivity, and property damage.

## **The Solutions**

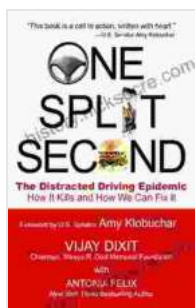
There are a number of things that can be done to reduce distracted driving, including:

- \* Enacting and enforcing strong laws against distracted driving
- \* Educating drivers about the dangers of distracted driving
- \* Developing new technologies to prevent distracted driving
- \* Encouraging drivers to make a personal commitment to avoid distracted driving

Distracted driving is a serious problem with deadly consequences. However, it is a problem that can be solved. By working together, we can create a safer environment for everyone on the road.

## Long Descriptive Keywords for Alt Attribute

\* Distracted driving \* Car accident \* Traffic accident \* Cell phone use while driving \* Texting while driving \* Eating while driving \* Drinking while driving \* Talking to passengers while driving \* Adjusting the radio while driving \* Hazards of distracted driving \* Risks of distracted driving \* Victims of distracted driving \* Costs of distracted driving \* Solutions to distracted driving \* Distracted driving laws \* Distracted driving education \* Distracted driving technology \* Distracted driving prevention \* Personal commitment to avoid distracted driving

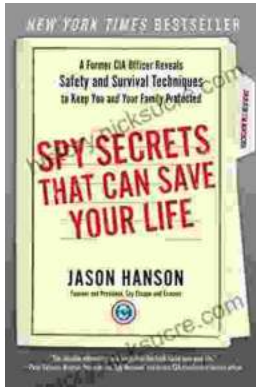


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