# **Dumplin Julie Murphy**

### By: Book Buzz

### Synopsis

"Dumplin" is a novel by Julie Murphy that follows Willowdean Dickson, a teenage girl who decides to enter the local beauty pageant as a protest against her mother's seemingly unattainable standards of beauty. Along the way, she learns about body acceptance, drag culture, and the importance of being true to herself.

#### **Main Characters**





- Willowdean "Dumplin'" Dickson: A plus-size teenage girl who is confident in her own skin and determined to challenge society's beauty norms.
- Rosie Dickson: Willowdean's mother, a former beauty queen who struggles with her own body image issues and projects them onto her

daughter.

- Ellen Dryver: Willowdean's best friend, an aspiring drag queen who helps her navigate the world of pageants and drag culture.
- Bo Callaghan: A popular jock in Willowdean's school who initially mocks her for entering the pageant but later becomes her unlikely ally.

#### Themes

- Body Acceptance: The novel explores the challenges and rewards of accepting oneself for who they are, regardless of their size, shape, or appearance.
- Drag Culture: The world of drag is used as a metaphor for the transformative power of embracing one's true self.
- Mother-Daughter Relationships: The relationship between
  Willowdean and her mother is complex and nuanced, as they navigate the challenges of body image, societal expectations, and personal growth.
- Empowerment: "Dumplin" is a story about the power of standing up for oneself, challenging societal norms, and embracing one's own unique identity.

#### **Plot Summary**

Willowdean Dickson, nicknamed "Dumplin" due to her size, lives in a small Texas town where pageants are a way of life. Despite being plus-size, Willowdean is confident in her own skin and has no desire to conform to the beauty standards that her mother, Rosie, expects of her. When Rosie enters Willowdean in the local beauty pageant, Willowdean decides to enter as a protest.

Willowdean's entry into the pageant causes a stir in the small town, as many people are shocked by the sight of a plus-size girl competing in a beauty contest. However, Willowdean refuses to let their judgment stop her. With the support of her best friend, Ellen, who is an aspiring drag queen, Willowdean enters the pageant determined to show the world that beauty comes in all shapes and sizes.

As Willowdean navigates the world of pageants, she learns about drag culture and the importance of self-acceptance. She also realizes that her mother, who has always struggled with her own body image issues, is projecting her insecurities onto her daughter.

Through the pageant, Willowdean not only challenges societal beauty norms but also gains a deeper understanding of herself, her family, and the power of self-love.

#### **Critical Reception**

"Dumplin" received critical acclaim upon its release. It was praised for its realistic portrayal of body image issues, its humorous and heartwarming characters, and its positive message about acceptance and empowerment.

 "Murphy's debut novel is a triumph, a funny, heartwarming, and ultimately empowering story about a young woman who learns to love herself and her body." - *The New York Times*

- "Dumplin' is a reminder that beauty is not defined by a number on a scale or the size of your clothes. It's about being comfortable in your own skin and embracing who you are." - *Entertainment Weekly*
- "Julie Murphy has created a masterpiece with Dumplin'. It's a novel that will stay with readers long after they finish reading it." - *Booklist*

### Adaptations

In 2018, "Dumplin" was adapted into a Netflix film starring Danielle Macdonald as Willowdean Dickson. The film received positive reviews and was praised for its faithfulness to the book and its portrayal of body positivity.

Long Tail SEO Title: Dumplin': A Novel That Challenges Beauty Standards, Promotes Body Acceptance, and Empowers Young Women

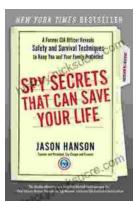


Dumplin' by Julie Murphy★ ★ ★ ★ 4.5 out of 5Language: EnglishFile size: 1300 KBText-to-Speech: EnabledScreen Reader: SupportedEnhanced typesetting : EnabledX-Ray: Enabled

: 380 pages



Print length



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